

Start Date: _____

End Date: _____

Life Journal

Name: _____

How this *Life Journal* can help you:

Listen: "I will teach you and instruct you in the way that you should go..." (Psalm 32:8).

God is speaking and He wants to walk daily with you! This *Life Journal* will help you to capture and catalog the lessons He teaches in a way that will help you to grow!

Inquire: "You will seek Me and find Me when you seek Me with all your heart" (Jer. 29:13 NIV).

God wants us to seek Him with all our hearts, and when we do, He meets us right where we're at. This journal will encourage and remind you daily that He waits for you.

Faith: "Discipline yourself for the purpose of godliness" (1 Tim. 4:7).

Our faith will grow as we get to know Him more. This journal will help add the substance of faith to your life.

Experience: "If you know these things, you are blessed if you do them" (Jn. 13:17).

It is not just knowing things that builds our faith. It is doing them! It is applying the lessons God is teaching us that brings a blessing.

Getting Acquainted with the *Life Journal!*

Table of Contents

Look over your journal. You'll notice that in the beginning, there are two pages, which will become your Table of Contents. This will be filled correspondingly after you do your journal entry.

Prayers: Requests and Answers

Following the Table of Contents is the Prayer List. Here you will record those items, people, and upcoming plans that you are praying for. Enter the date that you began praying for this and when God answers it, enter that date as well. When you complete one journal, transfer those prayers yet to be answered to your new one. Pray until God answers!

Daily Pages

The Daily Pages will be where you will make your entries as you follow the Bible reading program found at the end of your *Life Journal*. You will need to number these pages individually.

Bible Reading Program

Following a reading program is important for accountability, discipline, and for systematic instruction in God's Word. As you mark off each day of reading, you will read through the Bible once each year and through the New Testament twice. This program is found at the end of your *Life Journal*.

How to Use the *Life Journal*:

Step 1: Find the Bible reading corresponding to today's date from the Bible reading program. Turn to the chapter in your Bible, asking the Holy Spirit to teach you and reveal Jesus to you. Mark off each daily reading as you complete it to keep yourself accountable.

Step 2: Read the passages. As you are reading, underline anything the Lord impresses on you as a personal word to be applied. When you read with an open heart, the Lord will give you words of encouragement, direction and correction. (2 Tim. 3:16)

Step 3: When God has revealed a special lesson of life to you, turn to a fresh page in your "Daily Pages" to record what God has just shown you.

- ⇒ Enter the date.
- ⇒ Title the page.
- ⇒ Record a topic that generally describes the lesson.
- ⇒ Record the main scripture.
- ⇒ Give application as to how you will be different today because of what you have just read.
- ⇒ Record a prayer.

(See example on page 5.)

Daily Pages Sample Entry

Date
23/4

Title

Page
2

“Marching Orders”

Topic: Prayer

Scripture

*“What I tell you in the darkness,
speak in the light, and what you
hear whispered in your ear,
proclaim upon the housetops.”
(Mt. 10:27)*

Lesson/Application

*What a great word! This scripture
reminds me to not only talk to God
in prayer, but equally important is to
hear Him in prayer!
If I am not hearing Him in the
darkness, what will I speak in the
light?! If I am not hearing him
whisper in my ear, what will I
proclaim on the housetops?!*

Prayer

*“Dear Jesus, help me to hear you
today! I want to be still that I may
hear your marching orders for my
day, for my week, for my life. Speak
Lord! Your servant is listening!”*

“How will I be different today because of what I have just read?”

Step 4: Turn to the Table of Contents and catalog your entry by date, scripture, topic, title, and page. (See example on page 7)

Step 5: Conclude your daily devotional time by turning to the Prayer List and intercede for what you've written. (Example on page 7)



Remember! This *Life Journal*

is designed to serve you in your growth with Christ. You can be flexible in how you use it, but be sure to develop a healthy habit of spending time daily with the Lord.

Some have asked, "When is the best time for my devotions? In the morning or the evening?"

My answer to that is, "The best time is when you're at your best!" If you're a morning person, do your devotions in the morning. If you're an evening person, do your devotions at night. The bottom line is: "Jesus deserves your best, so give Him the best part of your day!"

Example: Table of Contents

Table of Contents			
Date	Scripture/Topic	Title	Page
<i>23/4</i>	<i>Mt 10:27/Prayer</i>	<i>Marching Orders</i>	<i>2</i>
<i>24/4</i>	<i>Ps 2:3/Trust</i>	<i>Come weary, Leave refreshed</i>	<i>3</i>
<i>25/4</i>	<i>Jn 1:5/Compassion</i>	<i>Condemning the Innocent</i>	<i>4</i>

Example: Prayer Journal

Date	Prayer	Answered
<i>24/7</i>	<i>Safety for John's operation</i>	<i>25/7</i>
<i>24/7</i>	<i>Alan's health</i>	<i>7/8</i>
<i>25/7</i>	<i>Sue's kids - school troubles</i>	<i>28/7</i>
<i>25/7</i>	<i>Employment for Megan's husband</i>	
<i>25/7</i>	<i>Helpers for Sunday School</i>	<i>4/8</i>

Through-the-Bible Reading Plan

Your personal reading schedule to take you
through the entire Bible within a year.

January

1. Gen. 1,2; Luke 1
2. Gen. 3-5; Luke 2
3. Gen. 6-8; Luke 3
4. Gen. 9-11; Luke 4
5. Gen. 12-14; Luke 5
6. Gen. 15-17; Luke 6
7. Gen. 18,19; Ps. 3; Luke 7
8. Gen. 20-22; Luke 8
9. Gen. 23,24; Luke 9
10. Gen. 25,26; Ps. 6; Luke 10
11. Gen. 27,28; Ps. 4; Luke 11
12. Gen. 29,30; Luke 12
13. Gen. 31-33; Luke 13
14. Gen. 34-36; Luke 14
15. Gen. 37,38; Ps. 7; Luke 15
16. Gen. 39-41; Luke 16
17. Gen. 42,43; Ps. 5; Luke 17
18. Gen. 44-46; Luke 18
19. Gen. 47,48; Ps. 10; Luke 19
20. Gen. 49,50; Ps. 8; Luke 20
21. Ex. 1,2; Ps. 88; Luke 21
22. Ex. 3-5; Luke 22
23. Ex. 6-8; Luke 23
24. Ex. 9-11; Luke 24
25. Ex. 12,13; Ps. 21; Acts 1
26. Ex. 14-16; Acts 2
27. Ex. 17-20; Acts 3
28. Ex. 21,22; Ps. 12; Acts 4
29. Ex. 23,24; Ps. 14; Acts 5
30. Ex. 25-27; Acts 6
31. Ex. 28,29; Acts 7

February

1. Ex. 30-32; Acts 8
2. Ex. 33,34; Ps. 16; Acts 9
3. Ex. 35,36; Acts 10
4. Ex. 37,38; Ps. 19; Acts 11
5. Ex. 39,40; Ps. 15; Acts 12
6. Lev. 1-3; Acts 13
7. Lev. 4-6; Acts 14
8. Lev. 7-9; Acts 15
9. Lev. 10-12; Acts 16
10. Lev. 13,14; Acts 17
11. Lev. 15-17; Acts 18
12. Lev. 18,19; Ps. 13; Acts 19
13. Lev. 20-22; Acts 20
14. Lev. 23,24; Ps. 24; Acts 21
15. Lev. 25; Ps. 25-26; Acts 22

16. Lev. 26,27; Acts 23
17. Num. 1,2; Acts 24
18. Num. 3,4; Acts 25
19. Num. 5,6; Ps. 22; Acts 26
20. Num. 7; Ps. 23; Acts 27
21. Num. 8,9; Acts 28
22. Num. 10,11; Ps. 27; Mark 1
23. Num. 12,13; Ps. 90; Mark 2
24. Num. 14-16; Mark 3
25. Num. 17,18; Ps. 29; Mark 4
26. Num. 19,20; Ps. 28; Mark 5
27. Num. 21-23; Mark 6,7
28. Num. 24-27; 1 Cor. 13

March

1. Num. 28,29; Mark 8
2. Num. 30,31; Mark 9
3. Num. 32,33; Mark 10
4. Num. 34-36; Mark 11
5. Deut. 1,2; Mark 12
6. Deut. 3,4; Ps. 36; Mark 13
7. Deut. 5,6; Ps. 43; Mark 14
8. Deut. 7-9; Mark 15
9. Deut. 10-12; Mark 16
10. Deut. 13-15; Gal. 1
11. Deut. 16-18; Ps. 38; Gal. 2
12. Deut. 19-21; Gal. 3
13. Deut. 22-24; Gal. 4
14. Deut. 25-27; Gal. 5
15. Deut. 28,29; Gal. 6
16. Deut. 30,31; Ps. 40; 1 Cor. 1
17. Deut. 32-34; 1 Cor. 2
18. Josh. 1,2; Ps. 37; 1 Cor. 3
19. Josh. 3-6; 1 Cor. 4
20. Josh. 7,8; Ps. 69; 1 Cor. 5
21. Josh. 9-11; 1 Cor. 6
22. Josh. 12-14; 1 Cor. 7
23. Josh. 15-17; 1 Cor. 8
24. Josh. 18-20; 1 Cor. 9
25. Josh. 21,22; Ps. 47; 1 Cor. 10
26. Josh. 23,24; Ps. 44; 1 Cor. 11
27. Judg. 1-3; 1 Cor. 12
28. Judg. 4,5; Ps. 39,41; 1 Cor. 13
29. Judg. 6,7; Ps. 52; 1 Cor. 14
30. Judg. 8; Ps. 42; 1 Cor. 15
31. Judg. 9,10; Ps. 49; 1 Cor. 16

When Reading the Bible, Look for:

1 Lessons to be learned

April

1. Judg. 11,12; Ps. 50; 2 Cor. 1
2. Judg. 13-16; 2 Cor. 2
3. Judg. 17,18; Ps. 89; 2 Cor. 3
4. Judg. 19-21; 2 Cor. 4
5. Ruth 1,2; Ps. 53,61; 2 Cor. 5
6. Ruth 3,4; Ps. 64,65; 2 Cor. 6
7. 1 Sam. 1,2; Ps. 66; 2 Cor. 7
8. 1 Sam. 3-5; Ps. 77; 2 Cor. 8
9. 1 Sam. 6,7; Ps. 72; 2 Cor. 9
10. 1 Sam. 8-10; 2 Cor. 10
11. 1 Sam. 11,12; 1 Chr. 1; 2 Cor. 11
12. 1 Sam. 13; 1 Chr. 2,3; 2 Cor. 12
13. 1 Sam. 14; 1 Chr. 4; 2 Cor. 13
14. 1 Sam. 15,16; 1 Chr. 5; Mt. 1
15. 1 Sam. 17; Ps. 9; Mt. 2
16. 1 Sam. 18; 1 Chr. 6; Ps. 11; Mt. 3
17. 1 Sam. 19; 1 Chr. 7; Ps. 59; Mt. 4
18. 1 Sam. 20,21; Ps. 34; Mt. 5
19. 1 Sam. 22; Ps. 17,35; Mt. 6
20. 1 Sam. 23; Ps. 31,54; Mt. 7
21. 1 Sam. 24; Ps. 57,58; 1 Chr. 8; Mt. 8
22. 1 Sam. 25,26; Ps. 63; Mt. 9
23. 1 Sam. 27; Ps. 141; 1 Chr. 9; Mt. 10
24. 1 Sam. 28,29; Ps. 109; Mt. 11
25. 1 Sam. 30,31; 1 Chr. 10; Mt. 12
26. 2 Sam. 1; Ps. 140; Mt. 13
27. 2 Sam. 2; 1 Chr. 11; Ps. 142; Mt. 14
28. 2 Sam. 3; 1 Chr. 12; Mt. 15
29. 2 Sam. 4,5; Ps. 139; Mt. 16
30. 2 Sam. 6; 1 Chr. 13; Ps. 68; Mt. 17

May

1. 1 Chr. 14,15; Ps. 132; Mt. 18
2. 1 Chr. 16; Ps. 106; Mt. 19
3. 2 Sam. 7; 1 Chr. 17; Ps. 2; Mt. 20
4. 2 Sam. 8,9; 1 Chr. 18,19; Mt. 21
5. 2 Sam. 10; 1 Chr. 19,20; Ps. 20; Mt. 22
6. 2 Sam. 11,12; Ps. 51; Mt. 23
7. 2 Sam. 13,14; Mt. 24
8. 2 Sam. 15,16; Ps. 32; Mt. 25
9. 2 Sam. 17; Ps. 71; Mt. 26
10. 2 Sam. 18; Ps. 56; Mt. 27
11. 2 Sam. 19,20; Ps. 55; Mt. 28
12. 2 Sam. 21-23; 1 Th. 1
13. 2 Sam. 24; 1 Chr. 21; Ps. 30; 1 Th. 2
14. 1 Chr. 22-24; 1 Th. 3
15. 1 Chr. 25-27; 1 Th. 4

2 Examples to be followed

16. 1 Ki. 1; 1 Chr. 28; Ps. 91; 1 Th. 5
17. 1 Ki. 2; 1 Chr. 29; Ps. 95; 2 Th. 1
18. 1 Ki. 3; 2 Chr. 1; Ps. 78; 2 Th. 2
19. 1 Ki. 4,5; 2 Chr. 2; Ps. 101; 2 Th. 3
20. 1 Ki. 6; 2 Chr. 3; Ps. 97; Rom. 1
21. 1 Ki. 7; 2 Chr. 4; Ps. 98; Rom. 2
22. 1 Ki. 8; 2 Chr. 5; Ps. 99; Rom. 3
23. 2 Chr. 6,7; Ps. 135; Rom. 4
24. 1 Ki. 9; 2 Chr. 8; Ps. 136; Rom. 5
25. 1 Ki. 10,11; 2 Chr. 9; Rom. 6
26. Prov. 1-3; Rom. 7
27. Prov. 4-6; Rom. 8
28. Prov. 7-9; Rom. 9
29. Prov. 10-12; Rom. 10
30. Prov. 13-15; Rom. 11
31. Prov. 16-18; Rom. 12

June

1. Prov. 19-21; Rom. 13
2. Prov. 22-24; Rom. 14
3. Prov. 25-27; Rom. 15
4. Prov. 28-29; Ps. 60; Rom. 16
5. Prov. 30,31; Ps. 33; Eph. 1
6. Ecc. 1-3; Ps. 45; Eph. 2
7. Ecc. 4-6; Ps. 18; Eph. 3
8. Ecc. 7-9; Eph. 4
9. Ecc. 10-12; Ps. 94; Eph. 5
10. Song 1-4; Eph. 6
11. Song 5-8; Phil. 1
12. 1 Ki. 12; 2 Chr. 10, 11; Phil. 2
13. 1 Ki. 13,14; 2 Chr. 12; Phil. 3
14. 1 Ki. 15; 2 Chr. 13,14; Phil. 4
15. 1 Ki. 16; 2 Chr. 15,16; Col. 1
16. 1 Ki. 17-19; Col. 2
17. 1 Ki. 20,21; 2 Chr. 17; Col. 3
18. 1 Ki. 22; 2 Chr. 18,19; Col. 4
19. 2 Ki. 1-3; Ps. 82; 1 Tim. 1
20. 2 Ki. 4,5; Ps. 83; 1 Tim. 2
21. 2 Ki. 6,7; 2 Chr. 20; 1 Tim. 3
22. 2 Ki. 8,9; 2 Chr. 21; 1 Tim. 4
23. 2 Ki. 10; 2 Chr. 22,23; 1 Tim. 5
24. 2 Ki. 11,12; 2 Chr. 24; 1 Tim. 6
25. Joel 1-3; 2 Tim. 1
26. Jon. 1-4; 2 Tim. 2
27. 2 Ki. 13,14; 2 Chr. 25; 2 Tim. 3
28. Amos 1-3; Ps. 80; 2 Tim. 4
29. Amos 4-6; Ps. 86; Tit. 1
30. Amos 7-9; Ps. 104; Tit. 2

Promises to be enjoyed

July

1. Is. 1-3; Tit. 3
2. Is. 4,5; Ps. 115,116; Jude
3. Is. 6,7; 2 Chr. 26,27; Philem.
4. 2 Ki. 15,16; Hos. 1; Heb. 1
5. Hos. 2-5; Heb. 2
6. Hos. 6-9; Heb. 3
7. Hos. 10-12; Ps. 73; Heb. 4
8. Hos. 13,14; Ps.100,102; Heb. 5
9. Mic. 1-4; Heb. 6
10. Mic. 5-7; Heb. 7
11. Is. 8-10; Heb. 8
12. Is. 11-14; Heb. 9
13. Is. 15-18; Heb. 10
14. Is. 19-21; Heb. 11
15. Is. 22-24; Heb. 12
16. Is. 25-28; Heb. 13
17. Is. 29-31; Jas. 1
18. Is. 32-35; Jas. 2
19. 2 Ki. 17; 2 Chr. 28; Ps. 46; Jas. 3
20. 2 Chr. 29-31; Jas. 4
21. 2 Ki. 18,19; 2 Chr. 32; Jas. 5
22. Is. 36,37; Ps. 76; 1 Pet. 1
23. 2 Ki. 20; Is. 38,39; Ps. 75; 1 Pet. 2
24. Is. 40-42; 1 Pet. 3
25. Is. 43-45; 1 Pet. 4
26. Is. 46-49; 1 Pet. 5
27. Is. 50-52; Ps. 92; 2 Pet. 1
28. Is. 53-56; 2 Pet. 2
29. Is. 57-59; Ps. 103; 2 Pet. 3
30. Is. 60-62; Jn. 1
31. Is. 63,64; Ps. 107; Jn. 2

August

1. Is. 65,66; Ps. 62; Jn. 3
2. 2 Ki. 21; 2 Chr. 33; Jn. 4
3. Nah. 1-3; Jn. 5
4. 2 Ki. 22; 2 Chr. 34; Jn. 6
5. 2 Ki. 23; 2 Chr. 35; Jn. 7
6. Hab. 1-3; Jn. 8
7. Zeph. 1-3; Jn. 9
8. Jer. 1,2; Jn. 10
9. Jer. 3,4; Jn. 11
10. Jer. 5,6; Jn. 12
11. Jer. 7-9; Jn. 13
12. Jer. 10-12; Jn. 14
13. Jer. 13-15; Jn. 15
14. Jer. 16,17; Ps. 96; Jn. 16
15. Jer. 18-20; Ps. 93; Jn. 17

Jesus to be revealed

16. 2 Ki. 24; Jer. 22; Ps. 112; Jn. 18
17. Jer. 23,25; Jn. 19
18. Jer. 26,35,36; Jn. 20
19. Jer. 45-47; Ps. 105; Jn. 21
20. Jer. 48,49; Ps. 67; 1 Jn. 1
21. Jer. 21,24,27; Ps. 118; 1 Jn. 2
22. Jer. 28-30; 1 Jn. 3
23. Jer. 31,32; 1 Jn. 4
24. Jer. 33,34; Ps. 74; 1 Jn. 5
25. Jer. 37-39; Ps. 79; 2 Jn.
26. Jer. 50,51; 3 Jn.
27. Jer. 52; Rev. 1; Ps. 143,144
28. Ezek. 1-3; Rev. 2
29. Ezek. 4-7; Rev. 3
30. Ezek. 8-11; Rev. 4
31. Ezek. 12-14; Rev. 5

September

1. Ezek. 15,16; Ps. 70; Rev. 6
2. Ezek. 17-19; Rev. 7
3. Ezek. 20,21; Ps. 111; Rev. 8
4. Ezek. 22-24; Rev. 9
5. Ezek. 25-28; Rev. 10
6. Ezek. 29-32; Rev. 11
7. 2 Ki. 25; 2 Chr. 36; Jer. 40,41; Rev. 12
8. Jer. 42-44; Ps. 48; Rev. 13
9. Lam. 1,2; Obad.; Rev. 14
10. Lam. 3-5; Rev. 15
11. Dan. 1,2; Rev. 16
12. Dan. 3,4; Ps. 81; Rev. 17
13. Ezek. 33-35; Rev. 18
14. Ezek. 36,37; Ps. 110; Rev. 19
15. Ezek. 38,39; Ps. 145; Rev. 20
16. Ezek. 40,41; Ps. 128; Rev. 21
17. Ezek. 42-44; Rev. 22
18. Ezek. 45,46; Lk. 1
19. Ezek. 47,48; Lk. 2
20. Dan. 5,6; Ps. 130; Lk. 3
21. Dan. 7,8; Ps. 137; Lk. 4
22. Dan. 9,10; Ps. 123; Lk. 5
23. Dan. 11,12; Lk. 6
24. Ezra 1; Ps. 84,85; Lk. 7
25. Ezra 2,3; Lk. 8
26. Ezra 4; Ps. 113,127; Lk. 9
27. Hag. 1,2; Ps. 129; Lk. 10
28. Zech. 1-3; Lk. 11
29. Zech. 4-6; Lk. 12
30. Zech. 7-9; Lk. 13

“For I know the plans that I have for you,” declares the Lord, “plans for welfare and not for calamity, to give you a future and a hope.” – JEREMIAH 29:11

October

1. Zech. 10-12; Ps. 126; Lk. 14
2. Zech. 13-14; Ps. 147; Lk. 15
3. Ezra 5,6; Ps. 138; Lk. 16
4. Est. 1,2; Ps. 150; Lk. 17
5. Est. 3-8; Lk. 18
6. Est.9-10;Lk.19
7. Ezra 7,8; Lk. 20
8. Ezra 9,10; Ps. 131; Lk. 21
9. Neh. 1,2; Ps. 133; Lk. 22
10. Neh. 3,4; Lk. 23
11. Neh. 5,6; Ps. 146; Lk. 24
12. Neh. 7,8; Acts 1
13. Neh. 9,10; Acts 2
14. Neh. 11,12; Ps. 1; Acts 3
15. Neh. 13; Mal. 1,2; Acts 4
16. Mal. 3,4; Ps. 148; Acts 5
17. Job 1,2; Acts 6,7
18. Job 3,4; Acts 8,9
19. Job 5; Ps. 108; Acts 10,11
20. Job 6-8; Acts 12
21. Job 9,10; Acts 13,14
22. Job 11,12; Acts 15,16
23. Job 13,14; Acts 17,18
24. Job 15; Acts 19,20
25. Job 16; Acts 21-23
26. Job 17; Acts 24-26
27. Job 18; Ps. 114; Acts. 27,28
28. Job 19; Mk. 1,2
29. Job 20; Mk.3,4
30. Job 21; Mk. 5,6
31. Job 22; Mk. 7,8

November

1. Ps. 121; Mk. 9,10
2. Job 23,24; Mk. 11,12
3. Job 25; Mk. 13,14
4. Job 26,27; Mk. 15,16
5. Job 28,29; Gal. 1,2
6. Job 30; Ps. 120; Gal. 3,4
7. Job 31,32; Gal. 5,6
8. Job 33; 1 Cor. 1-3
9. Job 34; 1 Cor. 4-6
10. Job 35,36; 1 Cor. 7-8
11. Ps. 122; 1 Cor. 9-11
12. Job 37,38; 1 Cor. 12
13. Job 39,40; 1 Cor. 13,14
14. Ps. 149; 1 Cor. 15,16
15. Job 41,42; 2 Cor. 1,2

16. 2 Cor. 3-6
17. 2 Cor. 7-10
18. Ps. 124; 2 Cor. 11-13
19. Mt. 1-4
20. Mt. 5-7
21. Mt. 8-10
22. Mt. 11-13
23. Mt. 14-16
24. Mt. 17-19
25. Mt. 20-22
26. Mt. 23-25
27. Ps. 125; Mt. 26-27
28. Mt. 28; 1 Th. 1-3
29. 1 Th. 4,5; 2 Th. 1-3
30. Rom. 1-4

December

1. Rom.. 5-8
2. Rom. 9-12
3. Rom. 13-16
4. Eph. 1-4
5. Eph. 5,6; Ps. 119:1-80
6. Phil. 1-4
7. Col. 1-4
8. 1 Tim. 1-4
9. 1 Tim. 5,6; Tit. 1-3
10. 2 Tim. 1-4
11. Philem.; Heb. 1-4
12. Heb. 5-8
13. Heb. 9-11
14. Heb. 12,13; Jude
15. Jas. 1-5
16. 1 Pet. 1-5
17. 2 Pet. 1-3; Jn. 1
18. Jn. 2-4
19. Jn. 5 , 6
20. Jn. 7,8
21. Jn. 9-11
22. Jn. 12-14
23. Jn. 15-18
24. Jn. 19-21
25. 1 Jn. 1-5
26. Ps. 117,119:81-176; 2 Jn.; 3 Jn.
27. Rev. 1-4
28. Rev. 5-9
29. Rev. 10-14
30. Rev. 15-18
31. Rev. 19-22